Port Graham sure knows how to Celebrate Life!

(Story on page 6)
The Native Village of Port Graham
Traditional Values

With guidance and support from our Elders, we teach our children Alutiiq values

Sugpiaq/Alutiiq Value of the Month: **Courage**
DO YOU HAVE INFORMATION FOR THE NEWSLETTER?

Do you have an announcement, news or an upcoming event you would like to include in the Port Graham Village Council’s Newsletter, Kalikahpet?

Port Graham Village Council invites you to submit information to be considered for publication in our newsletter which can be viewed online at our website: WWW.portgraham.org

PORT GRAHAMS LIBRARY COMPUTER

The library computer is available to find jobs with the State of Alaska Jobs site and to enroll in the State of Alaska Library system, and also to check emails and general research. If any of the rules are broken you will lose your privilege to use the computer.

Hrs of Operation are: M-F 9:00 – 11:00 am

PORT GRAHAM CLINIC INFORMATION

CLINIC PHONE NUMBERS

When the Clinic’s direct line: (284-2241) is not in service, and the On-Call Cell phone: (284-3030) is also not working Please use the clinics other number to reach the Clinic regarding an emergency or for an appointment: 284-2295

Reminder: Every Thursday morning the entire clinic staff is in an online meeting. The only patients who will be seen are emergencies.

Thank you

OPEN YOUR MIND WITH STORYTIME!

WEDNESDAYS FROM 10—11 FOR 4—8 YEAR OLDS

Behavioral Health Information

If you have questions or need to schedule an appointment with any of the Behavior Health providers, you can contact them at the PG Behavioral Health Office at 284-2247 or Call the Clinic Receptionist.

Michael Horton,
Behavioral Health Director

Ncia Charest,
Behavior Health Clinician

Greetings and Hello to all! My name is Cisco Penamora and I am a licensed Baccalaureate Social Worker and a certified Chemical Dependency Clinical Supervisor. I am the Addictions Coordinator for Chugachmiut’s Substance Abuse Program. I have worked in the substance abuse field for the last twenty plus years mostly in Alaska. I am also a recovering person and have 25+ years of sobriety under my belt. I feel grateful that I am employed by an organization that cares for their people. I enjoy and cherish my work and highly appreciate the opportunity to travel and meet people in their community.

If you have questions or need to schedule an appointment concerning substance abuse, you can contact me or another behavioral health provider at the behavioral health office at 907-284-2247 or call me at my direct line in the anchorage office at 907-334-0134. If I don’t pick up the line, I might be out of the office or with a client, please feel free to leave a message as my line and messages are private. I will return your call as soon as possible.

Narcisco Penamora, Addictions Coordinator
‘Tamamta Litnaurluta’  
(Learning Together) 

We will “ Firmly establish a community wide environment which supports the learning and revitalization of Sugt’stun, so that it becomes a natural medium of communication in our village.”

Rita Meganack, Program ANA Language Coordinator

CAC Donation

Vehicle Purchased! Thank you Chugach Alaska Corporation for your donation! We were able to purchase a Van for our Saturday Camps! Quyana for your continuing support of our Language Program!

Language App

In June, we worked with an App Developer, Darrick Baxter. ANA staff and PGVC staff were trained to record, edit and create Sugt’stun lessons to input on our Language App. This was an intense 5 day training. We and our Elder’s, Mary Malchoff Stella Meganack did an awesome job! Rhoda Moonin and Sperry Ash assisted our elders impressively. We will have more details on how to look up our Language App after we complete the edits.

This Language App was a group effort; We’d like to send a BIG thanks to: PGVC Tribal Administrator, Fran Norman, PGVC Accounting, Vivian Malchoff, PGVC Environmental staff, Naomi McMullen and Rick Yeaton, and PGVC Librarian, Christalina Jager! Without your help we could not complete our task at hand! THANK YOU for your continuing support of our ANA Language Program!

“Where Are Your Key’s” Training

In May, we had a two day training with Evan Gardner called Where Are Your Key’s. We plan on having this training continued in late October or November, please watch for flyers. Parents and Community members are encouraged to attend. We are looking at different teaching styles our staff can use to approach different situations.

Saturday Camp

Our last Saturday Camp will be held during Chugachmiut’s Summer Immersion Camp on July 28 and 29th. We will be focusing on the Sea Otter. Students will sew a fur sea otter. Again, Parents and Community members are encouraged to attend. Trainer will be John Boone.

Parent Classes

We are still hosting Parent Classes throughout this month, every Tuesday and Thursday from 1-3pm. Our Sugt’stun teachers will have classes till July 23, 2015.
Healing Wisdoms

A lot of people say they want to get out of pain, and I’m sure that’s true, but they aren’t willing to make healing a high priority. They aren’t willing to look inside to see the source of their pain in order to deal with it.

-- Lindsay Wagner

Eventually you will come to understand that love heals everything, and love is all there is.

-- Gary Zukav

Forgiving does not erase the bitter past. A healed memory is not a deleted memory. Instead, forgiving what we cannot forget creates a new way to remember. We change the memory of our past into a hope for our future.

-- Lewis B. Smedes

Healing is a matter of time, but it is sometimes also a matter of opportunity.

-- Hippocrates

Healing may not be so much about getting better, as about letting go of everything that isn’t you - all of the expectations, all of the beliefs - and becoming who you are.

-- Rachel Naomi Remen

Our sorrows and wounds are healed only when we touch them with compassion.

-- Buddha

The practice of forgiving is our most important contribution to the healing of the world.

-- Marianne Williamson

There is something beautiful about all scars of whatever nature. A scar means the hurt is over, the wound is closed and healed, done with.

-- Harry Crews

Coming to terms with the fear of death is conducive to healing, positive personality transformation, and consciousness evolution.

— Stanislav Grof

Our sorrows and wounds are healed only when we touch them with compassion.
Port Graham Tribal Members ‘Celebrated Life’ on the Third and Fourth of July again this year at the Center.

Thank you for all the donations to help make this yearly activity possible:

Port Graham General Stores Alice Anahonak, Port Graham Corporations Lloyd Stiassny, Chugachmiut’s Jan Vanderpool, Smokey Bay Airs Gary, Homer Electric Associations Joe Gallagher, Port Graham Developments Walter Meganack Jr., NPRHAs Olen Harris, and last but certainly not least, Homer Air Services, Dave Rush.

A barbeque provided by North Pacific Rim Housing Authority on the first day was delicious, as usual. Thank you Tia and Randy for showing up to be our chefs again. Thanks to Trudy, from Chugachmiut, we got to make tie dyed t-shirts again this year! And Christalina had a line of people for face painting both days.

The Traditional Native Food Celebrate Life Cook-off was as competitive as ever with traditional dishes of Crab and Shrimp Ceviche, Spicy Salsa, and Sikyaq in the running for first, second and third places! Here’s the results:

**MAIN DISHES:**

1st place  Daryl Kruen,  
with Crab and Shrimp Ceviche

2nd place  Sam Moonin,  
with a Spicy Salsa

3rd place  Fran Norman,  
with her famous Sikyaq

**DESERTS:**

1st place  Charlemain McMullen  
with a luscious Snicker cake

2nd place  Vivian Malchoff,  
with Chocolate Ribbon Silk Cupcakes

3rd place  Vanessa Norman  
With Salmonberry Cupcakes

4th place  Karen Moonin  
With a Layered Angel Cake
Port Graham Village Council

RAFFLE DRAWING

TICKETS COST $20 EACH, ONLY 200 WILL BE SOLD
TICKETS CAN BE PURCHASED AT THE COMMUNITY CENTER MONDAY - FRIDAY / 9 — 5
NEED NOT BE PRESENT TO WIN

1ST — $200 Visa Gift Card
2nd — Food Saver G800
3rd — 40” LED Smart TV
4th — 40” LED Smart TV
5th — Presto 23 Qt. Pressure Canner
6th — Ugly Stick—Halibut
7th — Ugly Stick—Salmon
8th — Smokey Bay Air R/T Ticket
9th — Smokey Bay Air R/T Ticket
10th — Homer Air R/T Ticket
11th — $200 fuel certificate
12th — $200 fuel certificate

Drawing will be held September 4th, 2015 @ 8 pm
At the Port Graham Community Center

Port Graham Village Council—Permit #2456
PORT GRAHAM 
VILLAGE COUNCIL 
MEMBERS:

- Patrick Norman, First Chief
- Martin Norman, Second Chief
- Agnes Miller, Secretary
- Debbie McMullen, Treasurer
- Stella Meganack, Member
- Melinda Kamluck, Member
- Tania McMullen, Member

PATRICK NORMAN: CHIEF
OFFICE: 284-2227
HOME: 284-2203

Clinic: 284-2241
Visiting Provider: 284-2295
Darlene Anahonak: 284-2220
Tania McMullen: 284-2332
Agnes I. Miller: 284-2229 &
On Sundays 11-noon: 284-2320
Behavioral Health 284-2247

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