# PORT GRAHAM VILLAGE COUNCIL SEPTEMBER / OCTOBER 2017 KALIKAHPET

# Port Graham is Recruiting for Foster Care Homes

connections.



# You don't HAVE to live in a big city to be a foster parent.

You don't have to have a big house, a fancy car or lots of money. What you need is a home. What you need is a heart that can open to a child who needs you. Won't you become a foster parent today? A child is waiting. Call the Port Graham Village Council, at (907) 284-2227 if you're interested.

Each year, *thousands* of Alaska's children are placed in out-of-home care. Typically, it's because a child has been determined to be unsafe or at high risk of maltreatment, in their family home. These children range from newborns to teenagers and they live in communities all across Alaska.

Information is gathered to make an informed assessment about whether the child is unsafe or at high risk, and the extent of the family's protective capacities. Services are provided to families with children remaining in their home as well as to families whose children have been placed in out-of-home care.

On average, there are approximately 3,000 children each month in foster care in Alaska. Foster homes provide children in care a temporary, safe, stable and nurturing home until they can be reunited with their families. Some children stay in a foster home for days or weeks; some stay for months. In some cases, children are unable to safely return to their family home and are placed permanently with another family.

When out-of-home placement is needed to keep a child safe, diligent efforts are made to identify, evaluate and consider relatives, family friends and those culturally tied to the family as the primary placement option. When relatives cannot be a placement option for the child, efforts to actively recruit and support families within the child's home community and in close proximity to the child's parents, to assure that the child may continue to maintain important and lasting cultural, educational and community-based

**Please consider becoming a Foster Parent today**. It may be the most rewarding thing you ever do. You will help keep children safe, strengthen your community and give your own life a meaningful new challenge. Alaska welcomes and supports all families equally. Families of every race, culture, and ethnicity are needed to help children grown with a strong sense of racial and cultural identity. Applicants are considered regardless of race, ethnicity, gender, religion or sex.

As a foster parent, you will receive training based on the child's needs and help a child cope with the challenges that life brings. You can meet and get to know other foster parents, and agency staff can give you support.



# The Native Village of Port Graham Traditional Values

With guidance and support from our Elders, we teach our children Alutiiq values

Sugpiaq/Alutiiq Value of the Month:



# Port Graham Summer of 2017 Photo Spread

The spring and summer of 2017 was filled with frolicking and fun, harvesting our traditional foods and medicines, and enjoying family visiting. Beginning with Village Spring Cleaning in May, Graduations in May, our Celebration of Life in July and a welcome visit from the Te'arama Tahitian Performance Ensemble in August; we've all had lots of fun. As we have had a few not so busy days to spare, we have time to share these awesome pictures with you. For those of you who were unable to visit this year, *wish you were here!* 



# **Port Grahams Summer Fun 2017!**





On behalf of the Native Village of Port Graham and the Port Graham Village Council, we would like to thank everyone that contributed to the 16th Annual Celebration of Life, "Paluwik Qilam Nunii - Port Graham, Heaven on Earth."

We would like to thank all the organizations and people who generously donated to this very successful event; Through your wonderful donations and time, the community enjoyed coming together just to celebrate life and honoring our people in the community.

Thank you again for taking part in the Celebration of Life and we look forward to next year's celebration.

Quyanak-cak (a big thank you)



This is a mural that Port Graham children colored during the 16th Annual Celebration of Life.



 $\bigcirc$ 

# **Port Graham Community Events and Information**

#### Quyanna, Quyanna! Port Graham Community

We want to throw out a HUGE Quyanna out to many, many people...

Summer Youth, you ALL did an AWESOME job this summer and it was noticed! "This is one of our best group of workers!" is a direct quote from an observer.

*Ephim* and *Rick*, you both also did an AWESOME job working with the youth workers this summer!

Danielle Malchoff! The Dance Group looked and sounded great thanks to your AWE-SOME work with them. We look forward to seeing more of you and them!



CHR TIDINGS

#### Cami Port Graham!

Updated CHR services will be provided by me, the new Port Graham CHR (Community Health Representative).

The CHR Program will be starting back up this month. I have completed Fee Agent/HIPAA Training and Certification will be providing State of Alaska Notary Services as well. Please call me at the Port Graham Council Office to make an appointment for Fee Agent Services, Applications, and or Notary Services.

#### CHR Office hours are currently Monday-Friday 10am-2pm.

Quyana, Daryl J. Kreun CHR

## PORT GRAHAM CLINIC INFORMATION

When the Clinic's direct line: (284-2241) is <u>not</u> in service, and the On-Call Cell phone: (284-3030) is *also* not working Please use the clinics other number regarding an emergency or for an appointment: <u>284-2295</u>

If you have questions or need to schedule an appointment with any of the Behavior Health providers, you can contact them at the PG Behavioral Health Office at 284-2261 or call the clinic receptionist.

#### **Reminder:**

**Every** Thursday morning the entire clinic staff is in an online meeting. The only patients who will be seen are emergencies.



#### 12 Step Meetings Every Wednesday Night

The meeting is at 7:00 at the Behavioral Health Building on Duncan Heights Rd. This is an open meeting, and everyone is welcome to come and hear a miraculous story of sobriety

#### CRAFTERS Come be Crafty

Each week at a Craft/Activity Night at the Behavioral Health Building beginning at 6 pm. Watch for notices





#### Winter Clinic Hours

Mon — Friday 8:30am — 5:00pm



# Onions

#### SOME OF OUR PORT GRAHAM ALUTIIQ DANCERS

## "for the Nerves"

I f people understood the medicinal values of foods they would use them more for physical ills, and doctors might have to go to something else for a living. For instance, spinach and dandelion are good or kid-

ney troubles; **celery** is good for rheumatism, neuralgia, disease of the nerves and nervous dyspepsia **lettuce and cucumbers** cool the system and the former is good for insomnia.

If you want to perspire freely to relieve the system of impurities, just try asparagus. **Tomatoes** contain veetale calomel and are good for liver troubles, and **strawberries** make a fine complexion.

There is nothing, medicinally speaking, so useful in cases of nervous prostra-  $\blacktriangle$  tion as the poor and humble **onions**. They are almost the

best nervine known, and may be used in coughs, colds, and influenza, in consumption, scurvy and kindred diseases. White onions overcome sleeplessness, while **red ones** are an excellent diuretic. Eaten every day they soon have a whitening effect upon the complexion.

For malaria and erysipelas nothing is better than **cranberries**. Fresh car-rots and

yellow turnips are good for nervous disorders, gravel and scurvy; **carrots** for asthma, **watermelons** for epilepsy and yellow fever, **watercress** for scurvy; **lemons** for feverish thirst in sickness, biliousness, low fevers, rheumatism, coughs, colds and liver complaints.

**Honey** is a fine dish to take and is wholesome, strengthening, healing and nourishing. Egg, beaten up raw with sugar, are used to clear and strengthen the voice, while with lemon juice and sugar the beaten white of egg may be used to relieve hoarseness.









Clinic:	284-2241
Visiting Provider:	284-2295
Darlene Anahonak:	284-2220
Tania McMullen:	284-2332
Agnes I. Miller:	284-2229
Behavioral Health	284-2261
VPSO	284-2292

## TELEPHONE DIRECTORY FOR EMERGENCIES

CHIEF

OFFICE: 284-2227

HOME: 284-2203



Melinda Kamluck,

Tania McMullen,

Member

Member

.

 Traditional Value
 2

 2017 Photo Spread
 3-5

 Community Events and Information
 8

 New CHR
 6

 Thank Yous
 7

### In This Issue

#### PORT GRAHAM VILLAGE COUNCIL

Foster Care Homes Needed

1

63795 Graham Road, Unit 1 P.O. Box 5510 Port Graham, AK 99603-5510 PH: 907-284-2227 fax: 907-284-2222

:te dəW əht no su əəS www.portgraham.org

# LOCAL BOX HOLDER

P.O. Box 55\_\_\_\_ Port Graham, AK 99603